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SOCIAL MEDIA POLICY

This document outlines my private practice policy regarding the use of social media. It is important that you read it to understand the ways in which I conduct myself on the internet as a mental health and substance abuse professional.

FACEBOOK

I maintain a Facebook page that I share only with family and friends. If you happen to find that page, please know that I do not accept friend or contact requests from current or former clients on Facebook and/or any social networking site.

SMS (any text messaging)

I do not engage in long, treatment oriented, text messaging. You must understand that texting is not completely confidential, even though no one has permission to see my texts. You are welcome to send me a text, asking me to call. If you are in crisis, call me. You can leave a confidential voicemail message and I will call you back as soon as possible. If it cannot wait, please call 9-1-1 or go to the nearest emergency room or crisis unit.

EMAIL

I use email only to arrange or modify appointments. It is important that you do not share any personal information related to your therapy sessions via email. Email is not completely confidential or secure. Further, you should also know that any emails I receive from you and any replies from me become part of your legal, medical record. Please let me know if you do not wish to be contacted via email.

Should you have any questions about this policy, please do not hesitate to address them with me during one of our sessions. As technology evolves and the internet continues to change, updates to this policy are foreseeable in the future. In such case, I will ensure that you have the most current version of this policy.

Thank you,
Melody Stiles